

Clinician Summary of USPSTF Recommendation Screening for Vitamin D Deficiency in Adults

April 2021



What does the USPSTF recommend?



For asymptomatic, community-dwelling, nonpregnant adults:

The USPSTF found that the **evidence is insufficient** to assess the balance of benefits and harms of screening for vitamin D deficiency. More research is needed. **I statement**



To whom does this recommendation apply?

Community-dwelling, nonpregnant adults who have no signs or symptoms of vitamin D deficiency or conditions for which vitamin D treatment is recommended.

It does not apply to persons who are hospitalized or living in institutions such as nursing homes.



What's new?

This recommendation is consistent with the 2014 USPSTF statement.



How to implement this recommendation?

There is insufficient evidence to recommend for or against screening for vitamin D deficiency.



Where to read the full recommendation statement?

Visit the USPSTF website to read the [full recommendation statement](#). This includes more details on the rationale of the recommendation, including benefits and harms; supporting evidence; and recommendations of others.