

Clinician Summary of USPSTF Recommendation Screening for High Blood Pressure in Children and Adolescents

November 2020



What does the USPSTF recommend?



For children and adolescents:

The USPSTF found that the evidence is insufficient to assess the balance of benefits and harms of screening for high blood pressure in children and adolescents. More research is needed.



To whom does this recommendation apply?

Children and adolescents not known to have hypertension.



What's new?

This recommendation is consistent with the 2013 USPSTF statement.



How to implement this recommendation?

There is insufficient evidence to recommend for or against screening for high blood pressure in children and adolescents. Clinicians should remain alert to the signs and/or symptoms of high blood pressure and evaluate as appropriate.



What are other relevant USPSTF recommendations?

The USPSTF has issued other relevant recommendation statements at www.uspreventiveservicestaskforce.org, including:

- [Screening for obesity in children and adolescents](#)
- [Screening for lipid disorders in children and adolescents](#)



Where to read the full recommendation statement?

Visit the USPSTF website to read the [full recommendation statement](#). This includes more details on the rationale of the recommendation, including benefits and harms; supporting evidence; and recommendations of others.